

Mental Health Stigma

within

the Early Childhood Sector

by Ishaa Vinod Chopra
(Author/RECE)
Research Intern under
Dr. Adam W.J. Davies
Shared by the AECEO as part of our effort
to support students and researchers



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As part of her research internship in her degree program, RECE & author Ishaa Vinod Chopra took a closer look at the narratives surrounding mental health within the Early Childhood Sector. Ishaa's research is on the topic of how mental health is perceived within early childhood spaces, taking a closer look at question 6 on the renewal form from the College of ECEs, the statement released by the AECEO regarding the matter (available on the AECEO website under AECEO Reports, Statements & Public Policy Submissions) and the Ontario Human Rights Code.

Important links:

- [At the intersection of safety, ethics, mental health, and well-being: Disrupting the status quo, regulatory approach in Ontario \(AECEO Statement\)](#)
- [Highlights of findings \(Instagram post\)](#)

- [Highlights of findings \(PDF\)](#)
- [October 10th is World Mental Health Day \(Instagram reel\)](#)

Mental Health + Early Childhood Educators by host Ishaa Vinod Chopra

Listen/Watch episode 1: World Mental Health Day Special ft. Dr. Adam W.J Davies: Early Childhood Educator's Well-Being (full interview)

- [Watch it on Youtube](#)
- [Listen on Apple Podcasts](#)
- [Listen on Amazon Music](#)
- [Listen on Spotify](#)

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